



Coach Mentorship Program Practice Observation & Feedback - Part II

Coach Self-Assessment
 Coach Observation - Observer: _____

COACH: _____ DATE: _____

LOCATION: _____ TEAM: _____

RATING SCALE: 3 - Above Expectations 2 - Meets Expectations 1 - Needs Work N/A - Not Applicable

PRE-PRACTICE PREPARATION				
Objectives:	3	2	1	N/A
- Have identified specific technical and tactical objectives	○	○	○	○
Organization:	3	2	1	N/A
- Pre-ice presentation, preparation of assistant(s) - Equipment required	○	○	○	○
Practice Outline:	3	2	1	N/A
- Clear & organized plan, including diagrams (where necessary) - Warm-up and cool-down	○	○	○	○
Components of Yearly Plan:	3	2	1	N/A
- Practice plan fits into seasonal plan - Objectives and drill progressions relate to previous practice	○	○	○	○

PRACTICE				
Use of Drills:	3	2	1	N/A
- Full/maximum participation - Drills aid in teaching skills & tactics effectively - Drill progressions from simple to complex	○	○	○	○
Teaching Techniques:	3	2	1	N/A
- Allowed time for teaching and demonstrations - Demonstrations are effective & appropriate - Effective use of voice and body language	○	○	○	○
Error Correction:	3	2	1	N/A
- Immediate and appropriate feedback - Repetition of drills where necessary	○	○	○	○
Rapport with Players:	3	2	1	N/A
- Positive Communicator - Non-threatening, relaxed atmosphere - Evidence of player enjoyment	○	○	○	○
Organization:	3	2	1	N/A
- Use full ice surface when necessary & appropriate - Attention to risk management - Follow practice outline - Use of on-ice assistant(s) - support personnel	○	○	○	○

REFLECTION			
3 THINGS THAT WENT WELL:	3 THINGS TO IMPROVE ON:		
1. _____		1. _____	
2. _____		2. _____	
3. _____		3. _____	

NOTES