

St. Vital Chill Female Hockey 2020/2021

Why Female Hockey?

Female Hockey is the fastest growing sport in St. Vital and Winnipeg. The Chill have truly become more than just hockey, we have become a family. With the success of the Chill Program since inception in 2016 winning a total of 13 City Championships, combined with the rising awareness of female hockey around the world, girls' hockey has never been so popular! And it's no wonder. Playing hockey is an exhilarating experience. It's fast, exciting, fun, safe (there is no body checking allowed) and because it's part of the fabric of our Canadian culture it creates a very special connection with both players and parents. Speed, tenacity, fitness, challenge, friendships and fun make female hockey simply the greatest game in the world! Many alumni girls will play hockey as adults, long after their competitive days are over.

The St. Vital Chill Female Hockey Program

St. Vital Chill female hockey is designed to build on the fun of the game and become a peak experience both on and off the ice for girls aged 4 to 17. It is designed to focus on hockey skill development at both the recreational and the highest competitive levels and bring girls together in a team setting where they can play together as friends and teammates. Our Chill hockey program is focused on skill development, fun and friendship and these values are stressed at all levels.

What Chill Programming Looks Like for Coaches and Parents

The goal of our programs at all ages and levels is to improve our ability to put together a group of athletes with the common goal of improving their hockey skill, competing at their respective levels, enjoying the game of hockey and being part of a team.

Another goal of ours is for coaches and parents to be informed of our programs either prior to or at registration, so they are familiar with our philosophy and understand the commitment required. Winning games is not the most important thing, but we want all of our teams to step on the ice confident that they can compete and have a chance to win.

The following has been developed in response to survey results from our parents and the desire of SVMHA to field competitive female teams.

U7 (2014, 2015, 2016)

This program introduces basic hockey skill development to new players and is designed to build a love for the game, knowledge of hockey and general physical literacy.

- Introduced in 2015/16
- September - March

- Program follows SVMHA 5/6 Season outline under the Hockey Programs tab
- Player does not have to know how to skate
- 2hrs per week on Saturday and Sunday1
- Possibility of Jamborees with other Associations *

Occasionally teams may also have additional weekday practice times, 1 indoor and/or the possibility of 1 outdoor, depending on the weather. Please note these are not covered in registration fees, and teams will be collecting additional funds or doing fundraising for these activities and the jamborees. Time payment options are available and determined by each team.

**Currently we are in discussions with other areas as to how this will be delivered.*

U9 (2012, 2013)

Chill U9 Hockey follows the Hockey Manitoba guidelines, rules and structure for U9 Hockey.

This next level is still designed for beginners and builds on the basic hockey skills players learned in U7. The program is progressive in nature and is designed to build love for the game, personal and team skills, knowledge of hockey and general physical literacy.

- Possible levels – A1(Intermediate/Advanced), A2(Intermediate), A3(Beginner)
- Evaluations held in September
- Games: 18-20 full ice games in the Hockey Winnipeg Female Novice League.
- Practices: A1 – 35 minimum, A2 - 30 minimum, A3 – 25 to 30 minimum. Approx. 16 practices assigned by SVMHA with the teams responsible for finding ice for the remaining practices. $\frac{3}{4}$ of practices should be shared ice to reduce costs.
- Mandatory Block training included in registration fees, dates times and frequency to be determined based on the number of teams.
- Tournaments: A1, and A2 teams will participate in one out of town tournament and possibly one to two in-town tournaments. * A3 teams will participate in one to two in-town tournaments.

Tournaments, indoor practice ice and incidentals are not included in the registration fee. Additional team costs are typically \$400 - \$600 for A1 and A2, \$300-400 for A3. Roster sizes will affect fees. Teams have successfully fundraised to help reduce these additional costs. Time payment options are available and determined by each team. *In-town is considered tournaments where no overnight stays are required.

U11 (2010, 2011)

U11 is designed to build basic hockey skills and is progressively planned by coaches to move players from basic to competitive as they personally improve. This level builds progressive skills and starts to focus on increased game competition and individual and team skill development.

- Possible levels – A1(Intermediate/Advanced), A2(Intermediate), A3(Beginner)
- Evaluations held in September
- League Games: 18 - 20 full ice games in the Hockey Winnipeg Female Atom League
- Playoffs: city-wide, double knockout
- Practices: 35 minimum. Approx. 16 practices assigned by SVMHA with the teams responsible for finding ice for the remaining practices. At least half of the practices should be shared ice to reduce costs.
- Mandatory Block training included in registration fees, dates times and frequency to be determined based on the number of teams.
- Tournaments: All teams will participate in one out of town tournament and possibly two in-town tournaments. *

Tournaments, indoor practice ice and incidentals are not included in the registration fee. Additional team costs are typically \$500 - \$600 for A1, A2 and A3. Roster sizes will affect fees. Teams have successfully fundraised to help reduce these additional costs. Time payment options are available and determined by each team. *In-town is considered tournaments where no overnight stays are required.

U13 (2008, 2009)

U13 is designed to build hockey skills and planned to be progressive in development by coaches. This level caters to both players who want to play recreationally and those that want to play competitively and advance to AA hockey.

- Possible levels - A1(Intermediate/Advanced), A2(Intermediate/Beginner)
- Evaluations held in September
- Games: 18 - 20 full ice games in the Hockey Winnipeg Female Peewee League
- Playoffs: city-wide, double knockout
- Practices: 35 minimum for A1 and 25 minimum for A2. Approx. 16 practices assigned by SVMHA with the teams responsible for finding ice for the remaining practices. At least half of the practices should be shared ice to reduce costs.
- Tournaments: All teams will participate in one out of town tournament and possibly two in-town tournaments. *

Tournaments, indoor practice ice and incidentals are not included in the registration fee. Additional team costs are typically \$500 - \$600 for A1 and \$400 - \$500 for A2. Roster sizes will affect fees. Teams have successfully fundraised to help reduce

these additional costs. Time payment options are available and determined by each team. *In-town is considered tournaments where no overnight stays are required.

U15 (2006, 2007)

U15 is designed to progressively improve personal and team hockey skills for early teen girls. This level caters to both players who want to play recreationally and those that want to play competitively and still strive to play AA hockey.

- Possible levels – A1(Intermediate/Advanced), A2(Intermediate/Beginner)
- Evaluations held in September pending registrations
- Games: 18 - 20 full ice games in the Hockey Winnipeg Female Bantam League
- Playoffs: city-wide, double knockout
- Practices: 35 minimum for A1. 25 minimum for A2. Approx. 16 practices assigned by SVMHA with the teams responsible for finding ice for the remaining practices.
- Tournaments: All teams will participate in one out of town tournament and possibly two in-town tournaments. *
- Registration fee approx. \$585

Tournaments, indoor practice ice and incidentals are not included in the registration fee. Additional team costs are typically \$680 for A1 and \$500 for A2. Roster sizes will affect fees. Teams have successfully fundraised to help reduce these additional costs. Time payment options are available and determined by each team. *In-town is considered tournaments where no overnight stays are required.

U18 (2005, 2004, and 2003)

U18 is designed for improving personal and team hockey skills and strategies and is progressively planned by coaches. This level is for players who want to play recreationally and those that want to play competitively.

- Possible Levels – A1(Intermediate/Advanced), A2(Intermediate/Beginner)
- Evaluations held in September pending registrations
- Games: 18 - 20 full ice games in the Hockey Winnipeg Female Midget League
- Playoffs: city-wide, double knockout
- Practices: 35 minimum for A1. 25 minimum for A2. Approx. 16 practices assigned by SVMHA with the teams responsible for finding ice for the remaining practices. At least half of the practices should be shared ice to reduce costs.
- Tournaments: All teams will participate in one out of town tournament and possibly two in-town tournaments.

*Tournaments, indoor practice ice and incidentals are not included in the registration fee. Additional team costs are typically \$680 for A1 and \$500 for A2. Roster sizes will affect fees. Teams have successfully fundraised to help reduce these additional costs. Time payment options are available and determined by each team. *In-town is considered tournaments where no overnight stays are required.

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